



Palmyra Riverton Soccer Club

Indoor Soccer Rules

Apparel:

All players must have sneakers with non-marking soles and wear shin guards that should be covered by long socks. Shirts must be of the same color. Goalies should wear shirt / pinnie of another color but not the same color as the opposing team.

Times:

Games consist of two 20 minute halves and teams will switch goals halfway through the game unless otherwise noted. In order to keep to the schedule, this is a running clock and there is no stoppage or extra time.

Schedule:

Team schedules are available on the Palmyra Riverton Soccer Club website: palrivsoccer.com

Number of players:

U5/U6: (4v4) - Each team will have 4 players on the field and no goalie.

U7/U8: (5v5) - Each team will have 5 players on the field and no goalie.

U9/U10: (5v5) - Each team will have 4 players and a goalie.

U11/U12: (5v5) - Each team will have 4 players and a goalie.

Field:

The basketball court will be the field and there will be no walls in play.

Scoring:

U5/U6: No score is kept for this age group.

U7/U8 & up: 1 point will be awarded for each goal scored.

Tap off:

Home team will start with ball at half court. Tap off is an indirect kick and should be played back towards own goal. No direct shot on opposing goal. Away team can be no closer than 3 yards away. The running game clock will start at this point.

Halftime:

Midway point of the game the referee can make the teams switch ends on any type of ball stoppage. A new tap off does not need to take place.

Substitutions:

Substitutions will be done on the fly. The player coming off may not play the ball as the new player is coming on to the field of play.

Out of Bounds:

The entire ball has to be cross over the entire line. Once the referee has determined the ball being out of bounds, a free kick will be giving to the team that did not touch it last. Out of bounds on the side lines will consist of an indirect free kick at the spot left the playing field. The other team must stay behind the red line or 2 yards from the inbounds pass. No direct shots on goal. End line out of bounds will be determined who touched the last. If the offensive team touched the ball last the defensive team will have a goal clearance (like a goal kick) in which the goalkeeper throws the ball from anywhere inside the goalie area. If the defensive team touched the ball last a corner kick will be given to the offensive team.

Fouls:

All fouls will result in an indirect kick. Ball will be placed at the site of foul. Defending team may set up a wall no closer than 3 yards away. After the ball is played it must be touched by another player on the field. If no one on the field touches the ball and the ball enters the goal, the defending team will receive a goal clearance.

Other Rules:

Goal Clearance: The ball must completely leave the goalie area to be in play or the goal clearance is retaken. The ball may not be kicked or thrown in the air past mid-court. Opposing players must be behind the red tape box.

One of the goalie's feet must stay within the free throw lane.

Goalie possession one finger with the ball stopped.

On goalie possession: Goalie may not punt the ball. Goalie cannot throw the ball over mid-court in the air. The goalie may place the ball on the court and then kick the ball.

Goalie possession, free kicks & out of bounds - once the ball is under control or placed for free kick the player has 5 seconds to pass the ball back into play. Referee should be verbally counting. If more than 5 seconds elapses then there is a change of possession resulting in an indirect kick.

There is a two minute penalty for hitting the ceiling. The player is removed for the duration and their team plays down one player for two minutes.

Sportsmanship:

After the end of each game the teams will line up and cheer for the other team and thank the ref. To promote sportsmanship during a game in which a team is leading by 7 goals the coach will make adjustments (i.e. removing a player from the field and/or request their players to pass only).